



Cross-Country Skiing in the Potomac Heritage National Scenic Trail Corridor



Places...

within Laurel Ridge State Park

Laurel Mountain (near Ligonier, Penn., off Route 31)

- 20+ km of trails
- warming hut & some food
- Nordic Ski Patrol
- 724-238-6568 or see www.paccsa.org for conditions

Laurel Ridge Cross Country Ski Center

see: www.paccsa.org or www.riversportonline.com (State Park concession)

1117 Jim Mountain Rd, Rockwood PA 15557

phone: 814-395-5744; ski center: 724-455-7303; snow conditions: 724-455-7303

- nestled along a high ridge in western Pennsylvania
- over 30 km of trails from beginner to advanced terrain
- in line track skiing for classical and wider lanes for skate skiing
- weekends offer a taste of the Lucky Dog Cafe located in Confluence, PA with a sampling of taste that ranges from sandwiches, soups, pastries, and great coffees
- ski rentals; ski lessons; changing room; wax room;
- 10km snowshoe trails shared with skiers; snowshoe rentals

within Forbes State Forest

<http://www.dcnr.state.pa.us/forestry/stateforests/forbes.aspx>

- Snow conditions: 814-445-8673 (M-F, 8 am - 4 pm)

"North Woods"

approx. 8 miles east of Donegal on Route 31; left on Tunnel Rd.

- 2 parking areas
- warming hut
- 8 miles of trails; no grooming
- X-C trail maps available at trail heads
- Ski Patrol on weekends

Jones Mill Run/Roaring Run Natural Area

approx. 6 miles east of Donegal on Route 31; right on Fire Tower Rd.

- four parking areas
- 20 combined miles of trails; no grooming
- X-C trail maps available at trail heads
- Ski Patrol on weekends

Kooser State Park

<http://www.dcnr.state.pa.us/stateparks/Parks/kooser.aspx>

approx. 9 miles east of Donegal on Route 31

- 2 miles of trails at an altitude of 2,600 feet
- Ski Patrol on weekends
- X-C trail maps available
- cabins for rent by concessionaire; see www.koosercabins.com or call 412-720-4074

Chesapeake and Ohio Canal National Historical Park

<http://www.nps.gov/choh/planyourvisit/iceskatingandwinteractivities.htm>

- 184.5 miles of towpath, a beautiful winter landscape for cross-country skiing and snowshoeing

New Germany State Park (Garrett County, Md.)

<http://www.dnr.state.md.us/publiclands/western/newgermany.html>

301-895-5453

- Ski Rentals and lessons are available in the park through Allegany Expeditions (concession), located in the Recreation Hall and is open when ski conditions are acceptable from 8:30 a.m.-5 p.m. on Fridays, Saturdays and Sundays and holidays
- weekday rentals available by appointment; 800-819-5170 or e-mail jspn675-aeioffice@yahoo.com
- cabins for rent

Savage River Lodge (near Frostburg, Md.)

<http://www.savageriverlodge.com/recreation>

- 13 miles of trails on 700 acres with Savage River State Forest
- ski rentals and instruction
- cabins
- dining

Harrington Manor State Park (Garrett County, Md.)

<http://www.dnr.state.md.us/publiclands/western/herringtonmanor.html>

- cabins for rent

Swallow Falls State Park

<http://www.dnr.state.md.us/publiclands/western/swallowfalls.html>

Backbone Mountain Cross-Country Ski Farm (near Oakland, Md.)

<http://www.backbonefarm.com/>

Organizations & more information...

Pennsylvania Cross-Country Skiers Association

<http://www.paccca.org>

Potomac Appalachian Trail Club Ski Touring Section

<http://www.patc.us/chapters/ski/>

- organized group trips where there is snow, far and near
- instruction on learn-to-ski trips and at ski touring centers at various trip locations
- The Upslope newsletter & an electronic listing for communicating information of interest to the cross country skier, about gear and shopping tips, impromptu ski trips, etc.
- periodic meetings, socials and other events; opportunity to volunteer to help with club administration and to lead trips

Explore PA Trails

<http://www.explorepatrails.com/>

Appalachian Telemark Organization

<http://www.telemarker.org/index.html>

North American Telemark Organization

<http://www.telemarknato.com/>

Compiled from various Web sites noted above. Please send additions and corrections to phnst@nps.gov.

Potomac Heritage National Scenic Trail Office

National Park Service

www.nps.gov/pohe

February 2010
